



## Spinach and Parmesan DIP

(Serves 6. Prep Time: 5mins)

### Ingredients

300g chopped spinach, thawed if frozen	100ml sour cream
25g grated Parmesan	1 clove garlic, finely chopped
½ tsp salt	¼ tsp black pepper

### Directions

Step 1. Squeeze any excess liquid out of the spinach.

Step 2. In a medium bowl, combine the spinach, sour cream, Parmesan, garlic, salt, and pepper

Serve with DIP Pita Chips

