



Guacamole DIP

(Serves 4. Prep Time: 15mins)

Ingredients

½ White onion, finely chopped
¼ cup fresh cilantro, chopped
½ tsp Black Pepper
2 tbsp fresh lime or lemon juice

1 Jalapeño (seeded for less heat, if desired), finely chopped
½ tsp Salt
2 Ripe Avocados, diced

Directions

Step 1. In a large bowl, combine the onion, jalapeño, cilantro, salt, and pepper.

Step 2. Using the back of a fork, mash the vegetables until they begin to release their juices.

Step 3. Add the avocados and lime juice and stir to combine

Serve with DIP Tortilla (Nacho) Chips

